

Today, I will show you how to navigate Excel like a pro, without touching your mouse. I'll show you how pressing just one key, the **Alt** key, can unlock hidden shortcuts and help you work faster!



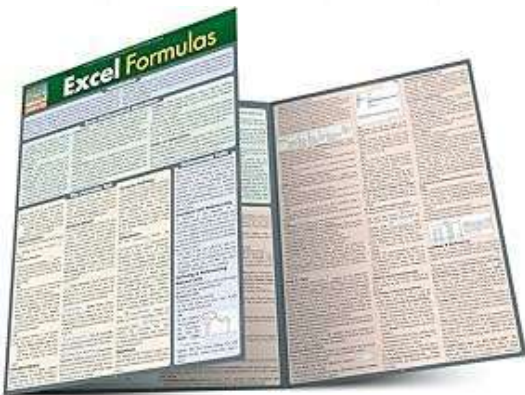
Don't Forget To Check Out My Recommended Excel Help Guides



[Excel Shortcuts Cheat Sheet, Keyboard Shortcut, Over 150 Excel Shortcut Keys, Non-Slip Desk mat pad, Large Excel Shortcut Mousepad \(35.4x15.74 in\).](#)



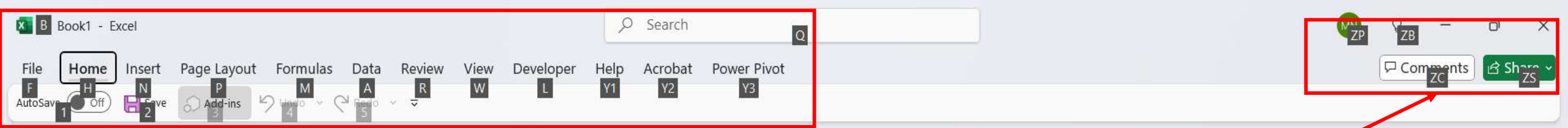
[Excel: The Complete Illustrative Guide for Beginners to Learning any Fundamental, Formula, Function and Chart in Less than 5 Minutes with Simple and Real-Life Examples](#)



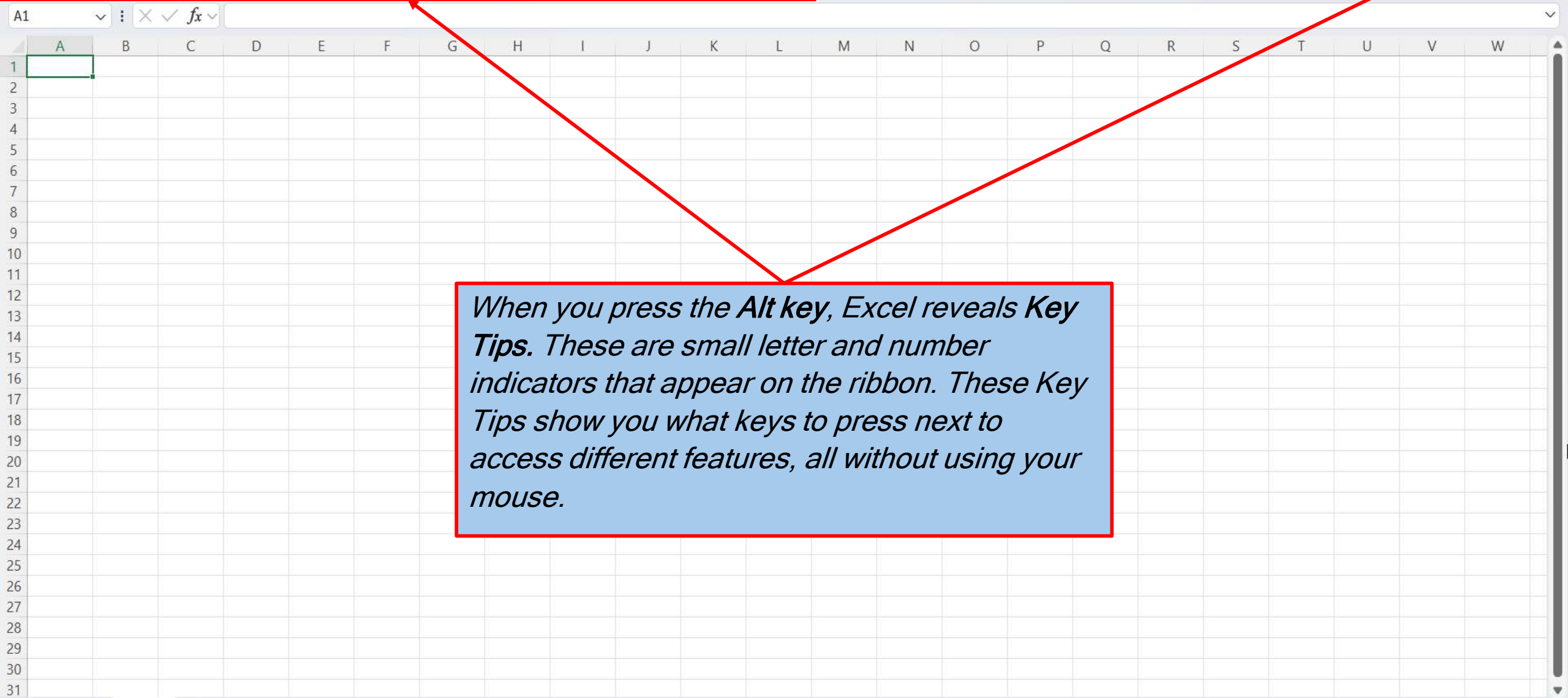
[Excel Formulas QuickStudy Laminated Study Guide. Guide to developing and using functions and formulas in Excel. This clear and concise coverage of the ins and outs of formula creation and use touches on many forms of math from statistics & trig to financial math.](#)



[DeskGuide Pro Excel Cheat Sheet Desk Pad - Work Faster with Our Excel Shortcuts Mousepad - Smooth and Non-Slip Excel Shortcut Mat - 31.5" x 11.8" Excel Mouse Pad Shortcuts - 3mm Thick](#)

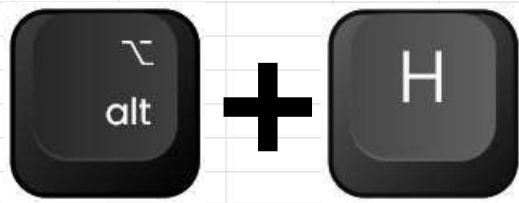


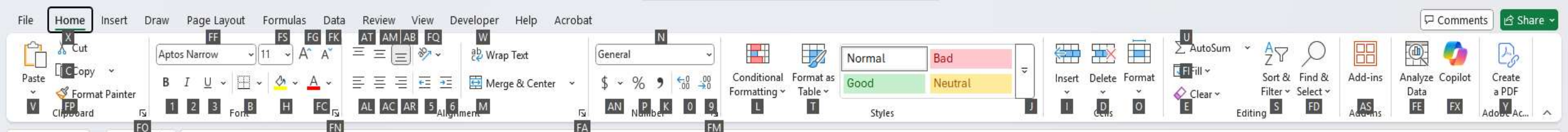
*When you press the **Alt** key, Excel reveals **Key Tips**. These are small letter and number indicators that appear on the ribbon. These Key Tips show you what keys to press next to access different features, all without using your mouse.*



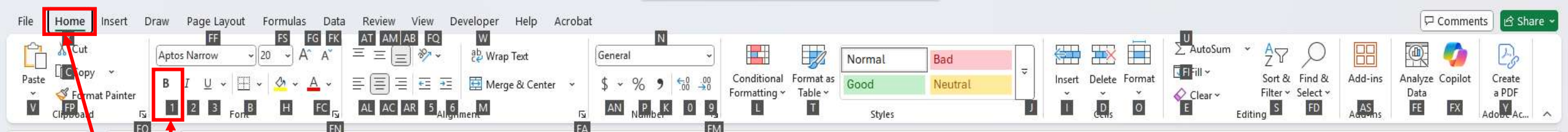


For example, if I press Alt, you'll see letters appear on top of each tab. If I want to open the 'Home' tab, I can just press H on my keyboard.





The following examples are designed to help you navigate Excel using the Alt key and Key Tips. While some tasks may have shorter shortcuts, this method shows you how to explore Excel's menus without a mouse.



Let's try a quick navigation. I'll press Alt, then H to open the Home tab. Now, you'll see more Key Tips for different commands in this tab. If I want to bold text, I can press the number 1.



File Home Insert Draw Page Layout Formulas Data Review View Developer Help Acrobat

Clipboard: Paste, Cut, Copy, Format Painter

Font: Aptos Narrow, 20, Bold, Italic, Underline, Color, Background Color

Alignment: Wrap Text, Merge & Center

Number: General, Currency, Percentage, Thousand Separator, Decimals

Styles: Normal, Bad, Good, Neutral

Cells: Insert, Delete, Format

Editing: AutoSum, Fill, Clear, Sort & Filter, Find & Select

Add-ins: Add-ins, Analyze Data, Copilot, Create a PDF

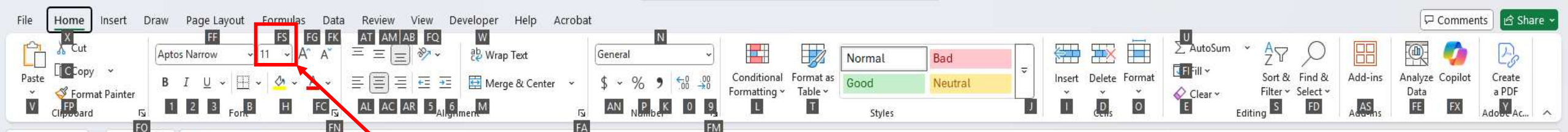
F7

BOLD TEXT

	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z	AA	AB	
1																													
2																													
3																													
4																													
5																													
6																													
7						BOLD TEXT																							
8																													
9																													
10																													
11																													
12																													
13																													
14																													
15																													
16																													
17																													
18																													
19																													
20																													
21																													
22																													
23																													
24																													
25																													
26																													
27																													
28																													
29																													
30																													
31																													
32																													
33																													
34																													
35																													
36																													

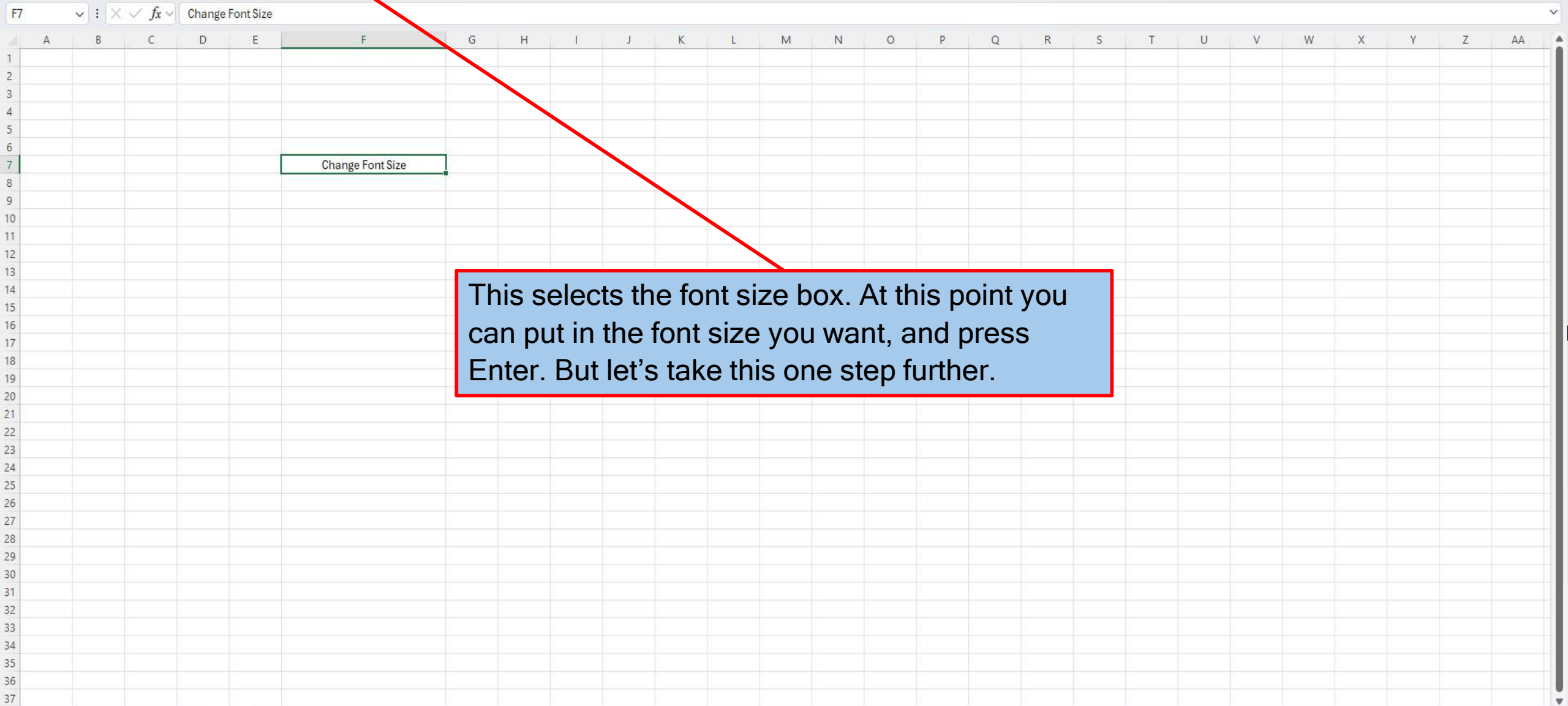
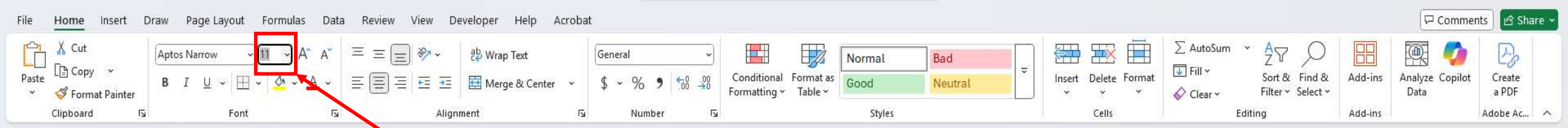
BOLD TEXT

Just like that, I applied bold formatting without using my mouse!

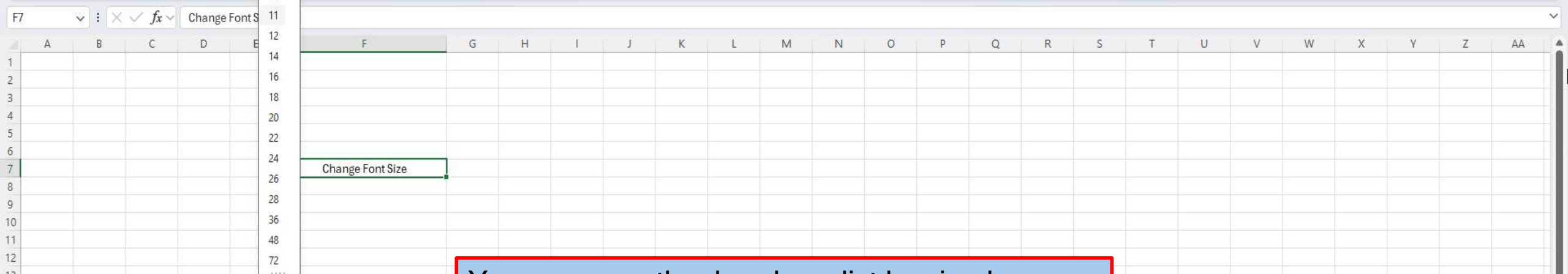


Now let's try something practical, changing the font size using the Alt key. First, I press Alt, + H + F + S.

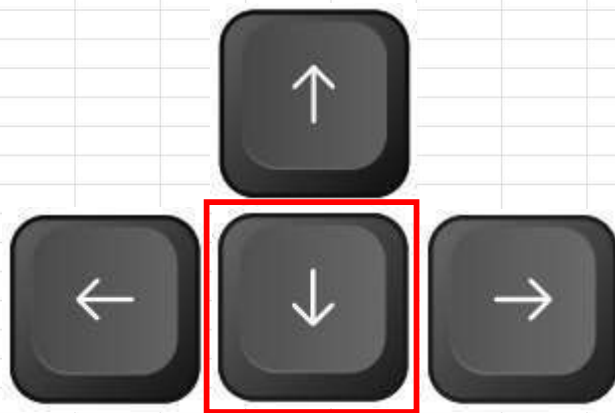




This selects the font size box. At this point you can put in the font size you want, and press Enter. But let's take this one step further.



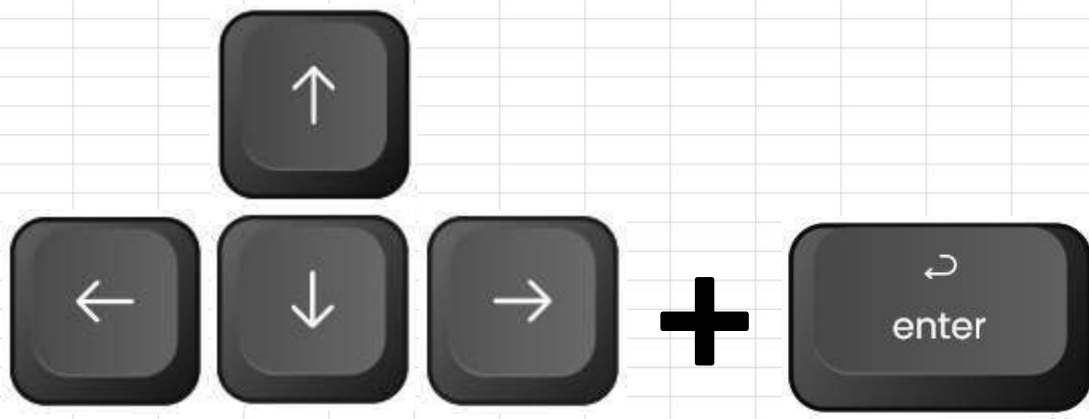
You can open the dropdown list by simply pressing the Down Arrow key.

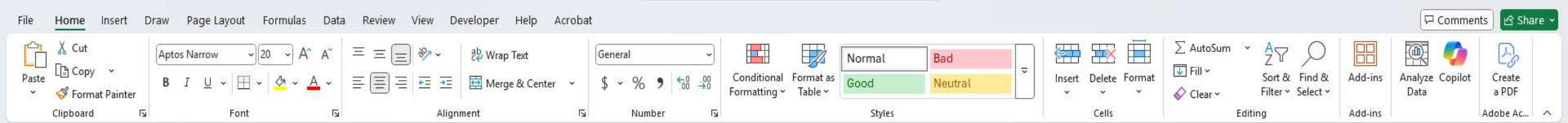


- 8
- 9
- 10
- 11
- 12
- 14
- 16
- 18
- 20
- 22
- 24
- 26
- 28
- 36
- 48
- 72
-

Change Font Size

Now, I can use the arrow keys to navigate through different font sizes and press **Enter** to apply the Font Size I want.





F7

Change Font Size

	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z	AA
1																											
2																											
3																											
4																											
5																											
6																											
7						Change Font Size																					
8																											
9																											
10																											
11																											
12																											
13																											
14																											
15																											
16																											
17																											
18																											
19																											
20																											
21																											
22																											
23																											
24																											
25																											
26																											
27																											
28																											
29																											
30																											
31																											
32																											
33																											
34																											
35																											
36																											

Now that you've seen how powerful the **Alt** key can be, take some time to explore other shortcuts on your own! Press **Alt** and see what Key Tips appear—try navigating different tabs and commands without your mouse. The more you practice, the faster you'll become at using Excel efficiently! If you found this helpful, be sure to **like** this video and **subscribe** for more Excel tips. Thanks for watching!

[View This Tutorial On My Website](#)

[View The Video Tutorial Here](#)

[Visit My YouTube Channel](#)

